



**HERBAL
HONEY**



Herbal Honey

“Unique Blend of Natural Super foods and immuno boosters”

Honey

**“Ashwagandha +Turmeric+
Black Pepper+Wild Goosberries “**

Honey, A superfood that Boosts immunity,
The antioxidants, antibacterial and antiviral
properties that can help boost your immune
system and fight sickness.

Turmeric: This ‘**golden spice**’ contains
curcumin, It has powerful anti-inflammatory
and antioxidant properties, and hailed as a
natural defense for our body

Black Pepper: The Black pepper- 'golden spice' and its active compound piperine may have powerful antioxidant activity, enhance the absorption of certain nutrients and beneficial compounds, and improve digestive health.

Ashwagandha: In Ayurvedic medicine, ashwagandha is considered a Rasayana. That means it's an herb that helps maintain youth, both mentally and physically.

Wild Goosberries: Indian gooseberries are considered as natural immune booster as they contain a powerful cocktail of vitamins C and A, polyphenols, alkaloids, and flavonoids such as quercetin . Due to its powerful antioxidant properties, it is often used as in Ayurvedic to boost overall immunity of the body.